

GANIRELIX

Store at room temperature. Start when calendar indicates or IVF Team instructs.

Use prefilled syringes. Refer to calendar or doctor's orders for dosage amount.

Give one injection a day within 24 hours of previous dose.

Vary injection sites to minimize tenderness. One syringe equals 250mcg (one dose).

Injection Instructions – Subcutaneous

1. Assemble supplies:
 - alcohol swabs/cotton balls
 - Ganirelix syringe
 - disposal container
 - band-aid (optional)
2. Wash your hands.
3. Remove cap from needle and save. To eliminate air bubbles, tap on side of the syringe with the needle pointed upward. Push the air out before injecting.
4. Select an area near your belly button (about two inches away) and swab with alcohol. Let it dry.
5. Pinch up the skin and insert the needle with a dart-like motion into the cleaned area. Inject the Ganirelix and remove the needle from the skin.
6. Apply pressure to the site with a clean, dry cotton ball for a minute or two. Cover with a band-aid, if needed.
7. Cap needle and dispose with syringe in container.